Claims:

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- An assay for testing a subject for diabetes or a predisposition to diabetes comprising:
 analysing a biological fluid from a subject for the presence of one or more
 proteins selected from the group consisting of Alpha 2 macroglobulin, Apolipoprotein
 A1, Immunoglobulin alpha heavy chain constant region, Immunoglobulin mu chain C
 region, Chain A of Human IgA1, Inter-alpha-trypsin inhibitor heavy chain H4
 precursor, and Apolipoprotein B-100;
 wherein detection of the protein is indicative of diabetes or a predisposition to
 diabetes in the subject.
- The assay according to claim 1 wherein the one or more proteins are detected by the presence of a peptide marker selected from the group consisting of:
 AYIFIDEAHITQALIWLSQR (SEQ ID NO:1),
 LLIYAVLPTGDVIGDSAK (SEQ ID NO:2),
 LLLQQVSLPELPGEYSMK (SEQ ID NO:3),
 QGLLPVLESFK (SEQ ID NO:4),
 - QGLLPVLESFK (SEQ ID NO:4),
 LLDNWDSVTSTFSK (SEQ ID NO:5),
 KEPSQGTTTFAVTSILR (SEQ ID NO:6),
 VFAIPPSFASIFLTK (SEQ ID NO:7),
 QEPSQGTTTFAVTSILR (SEQ ID NO:8),
- 20 WLQGSQELPR (SEQ ID NO:9),
 LWAYLTIQQLLEQTVSASDADQQALR (SEQ ID NO:10),
 AEAQAQYSAAVAK (SEQ ID NO:11),
 YSQPEDSLIPFFEITVPESQLTVSQFTLPK (SEQ ID NO:12), and
 IAIANIIDEIIEK (SEQ ID NO:13).
- 3. The assay according to claim 1 or 2 wherein biological fluid is selected from the group consisting of urine, saliva, blood, blood products, serum, plasma, tears, cerebrospinal fluid, and lymph.
 - 4. The assay according to claim 3 wherein the biological fluid is urine.
 - The assay according to any one of claims 1 to 4 wherein the biological fluid is processed prior to analysis.
 - The assay according to claim 5 wherein the biological fluid is concentrated by membrane-based electrophoresis, TCA precipitation or acetone precipitation.

- 7. The assay according to any one of claims 1 to 6 wherein proteins present in the biological fluid are digested to form peptide fragments which are detected by conducting mass spectrophotometric analysis on the digested sample.
- 8. The assay according to any one of claims 1 to 7 wherein the subject is a human.
- 9. An isolated peptide marker detectable in a biological sample of a subject and being indicative of diabetes or a predisposition to diabetes in a subject comprising one or more of the following amino acid sequences:

AYIFIDEAHITQALIWLSQR (SEQ ID NO:1),

LLIYAVLPTGDVIGDSAK (SEQ ID NO:2),

10 LLLQQVSLPELPGEYSMK (SEQ ID NO:3),
QGLLPVLESFK (SEQ ID NO:4),

LLDNWDSVTSTFSK (SEQ ID NO:5),

KEPSQGTTTFAVTSILR (SEQ ID NO:6),

VFAIPPSFASIFLTK (SEQ ID NO:7),

15 QEPSQGTTTFAVTSILR (SEQ ID NO:8),

WLQGSQELPR (SEQ ID NO:9),

LWAYLTIQQLLEQTVSASDADQQALR (SEQ ID NO:10),

AEAQAQYSAAVAK (SEQ ID NO:11),

YSQPEDSLIPFFEITVPESQLTVSQFTLPK (SEQ ID NO:12), or

20 IAIANIIDEIIEK (SEQ ID NO:13).

- 10. An isolated antibody directed to peptide marker according to claim 9.
- 11. The antibody according to claim 10 being a polyclonal antibody.
- 12. The antibody according to claim 10 being a monoclonal antibody.
- 13. The antibody according to any one of claims 10 to 12 being detectably labelled.
- 25 14. An assay for testing a subject for diabetes or a predisposition to diabetes comprising:

obtaining a urine sample from a subject;

concentrating the urine sample;

digesting proteins present in the concentrated urine sample to form peptides;

optionally, separating the peptides; and

analysing the peptides for the presence of one or marker peptides having an amino acid sequence of any one of SEQ ID NOS:1 to 13, wherein the presence of marker peptides having an amino acid sequence of any one of SEQ ID NOS:1 to 13 is indicative of diabetes or a predisposition to diabetes in the subject.

15. The assay according to claim 14 wherein the peptides are detected using an antibody directed to a marker peptide having an amino acid sequence of any one of SEQ ID NOS:1 to 13.